

2012 DUBUQUE Y SPORTS ASSOCIATION STORM VOLLEYBALL LEAGUE RULES

'C' DIVISION (3rd & 4th Grade)

PLAYERS:

- All players must play in every game. Equal playing time if possible. Players will be able to participate if the player has missed a practice, however all players are encouraged to attend all practices scheduled by the coaching staff.
- Each player must wear the DYSA provided t-shirt to all games. Non-marking Gym shoes must be worn (Bring a change of shoes during wet weather). We recommend all participants wear knee pads but it is not a requirement to participate.

GAMES:

- Each game must start on time.
- Games will be played with a minimum of 6 on 6 and a maximum of 9 on 9. If a team is short players, they may borrow players from the opposing team in order to field 6 players if agreed by both coaches. If a team has 8 players, the opposing team must play 8 as well to make things equal
- Each week will consist of a "Match" which will consist of 3 games. (50 min time limit)
- All games will be played with rally scoring (No Side outs)
- All three games will be played to 25 points. (No need to win by 2)
- Teams will be given (2) time-out per game, 45 seconds in length. Time outs do not carry over.
- There will be 2 minutes between games.
- Teams will switch sides each game.
- Substitutions may be made after play has ended and before the next serve. Send the player to the scores table to sub in and sub out
- Net height will be the lowest of the 3 levels at 6' -6".
- Warm up prior to the first game should be no longer than 6 min. with 2 minutes each for passing, spiking & serving.
- Cooperation between teams should be emphasized to ensure a safe warm-up.
- Volley-Light balls will be used for games. Coaches are encouraged to have their own warm-up balls. Game balls will be supplied by league.
- If ball hits an obstruction within the court or on either end court, the ball can be played. If ball hits or an obstruction on the sides of the court, the ball is dead and a point is awarded. If the ball hits the end wall, it is ruled dead and a point is awarded.

OFFENSE:

- Players may serve from 10 feet in from the end line. When possible, this line will be clearly marked. (basketball free throw line)
- Servers may serve either side arm, over hand or underhand with a closed or open hand.
- All spiking must be done with open hand.
- A five (5) consecutive serve rule will be in effect for each team, then side-out.
- Serves that hit the net without hitting the net antenna and continues across are playable.
- Servers will be given 2 attempts to get the serve over the net, and then side out.
- Rotate so All players will be given an opportunity to serve during the Match.

DEFENSE:

- On the serve and first hard driven ball, players may receive the ball with a bump, set overhead double hits or any other manner that is not a lift. Non purpose double hits are also allowed.
- Libero player will not be used to encourage player participation and development.

ADDITIONAL DYSA RULES:

- All Coaches and participants will hold Sportsmanship at a very high level.
- Opposing teams coaches/parents and players will shake hands after each game.
- League standings will be kept to help determine placement on the final round robin tournament.
- Each Coach will be required to record and e-mail the results each week to rjacobsmeier@dysaite.com
- Score will be kept
- Injury substitutions may be made at any time and a team may play with fewer players than 4 if injuries causes a team to be short
- Each team must provide one parent to be line judge for each game
- Each team must also provide one parents at the scores table to record score

CONDUCT / SPORTSMANSHIP:

- Players and Coaches are asked to hold themselves to a high standard in regards to Sportsmanship. If a player is asked to sit because of bad behavior, that player will be removed from the game and not allowed to finish that game. If a Coach is asked to leave he/she will be removed from the gymnasium entirely and not allowed to finish that game. If multiple infractions are given throughout the season to a player or coach, the DYSA Board will determine the future of this player/ coach within the league.
- **Removal from the game has a result of 2 points and the ball given to the opposing team.**
- Coaches / players will **not** dispute the officials' calls during the game. Rule interpretations can occur at the end of games. Contact any of the DYSA staff for assistance if needed.
- **Inappropriate language will not be permitted from anyone.** Players / coaches / fans using inappropriate language will be asked to leave. Players using inappropriate language will sit out. Parents that get out of control could wind up giving their team a technical foul. BE Supportive – NOT Destructive to the development of your children.

PLEASE REMEMBER All league directors, scorers, timers, coaches and site coordinators are volunteering their time and efforts to provide you the opportunity to play. With their help and your team's positive attitude, we will have a successful season. **GOOD SPORTSMANSHIP IS EXPECTED FROM ALL COACHES, PLAYERS AND FANS!!** Good luck and have FUN!!! Visit our website at www.DYSAite.com to stay up to date.

T- teach E- enforce A- advocate M- model

The six pillars of character

Trustworthiness – Respect – Responsibility – Fairness – Caring – Citizenship